



COURSE OUTLINE

NSW114

Prepared: Lisa Piotrowski Approved: Martha Irwin, Chair, Community Services and Interdisciplinary Studies

Course Code: Title	NSW114: UNDERSTAND INDIGENOUS WELLNESS IN CANADA						
Program Number: Name	1214: SSW NATIVE SPECIALIZ						
Department:	SOCIAL SERV. WKR. - NATIVE						
Semester/Term:	17F						
Course Description:	This course will provide students with an in-depth examination of Aboriginal history, worldview and culture in Canada. By exploring pre-contact and colonial history students will gain an understanding of the experiences and impacts of colonization on Aboriginal wellness and identity. Students will also discover how wellness is impacted as they explore contemporary issues relating to Aboriginal and government relations, such as policies rights and responsibilities.						
Total Credits:	3						
Hours/Week:	3						
Total Hours:	45						
Essential Employability Skills (EES):	<p>#1. Communicate clearly, concisely and correctly in the written, spoken, and visual form that fulfills the purpose and meets the needs of the audience.</p> <p>#2. Respond to written, spoken, or visual messages in a manner that ensures effective communication.</p> <p>#5. Use a variety of thinking skills to anticipate and solve problems.</p> <p>#6. Locate, select, organize, and document information using appropriate technology and information systems.</p> <p>#7. Analyze, evaluate, and apply relevant information from a variety of sources.</p> <p>#8. Show respect for the diverse opinions, values, belief systems, and contributions of others.</p> <p>#9. Interact with others in groups or teams that contribute to effective working relationships and the achievement of goals.</p> <p>#10. Manage the use of time and other resources to complete projects.</p> <p>#11. Take responsibility for ones own actions, decisions, and consequences.</p>						
Course Evaluation:	Passing Grade: 50%, D						
Evaluation Process and Grading System:	<table border="1"> <thead> <tr> <th>Evaluation Type</th> <th>Evaluation Weight</th> </tr> </thead> <tbody> <tr> <td>Culture and Identity as Wellness</td> <td>15%</td> </tr> <tr> <td>Decolonization</td> <td>15%</td> </tr> </tbody> </table>	Evaluation Type	Evaluation Weight	Culture and Identity as Wellness	15%	Decolonization	15%
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Talking Circles	5%
Teaching Circles	25%
Tests	40%

Books and Required Resources:

First Nations in the 21st Century by James Frideres
Publisher: Oxford University Press Edition: Second Edition
ISBN: : 9780199020430

Course Outcomes and Learning Objectives:

Course Outcome 1.

Demonstrate an understanding of pre-contact Indigenous life, social structures, values and ethics, governance and spiritual beliefs/practices

Learning Objectives 1.

- Relate family roles to community identity and responsibility in pre-contact societies
- Identify traditional governances and social structures
- Articulate traditional concepts of wellness
- Communicate key ideas on the diversity of Indigenous cultures across Canada

Course Outcome 2.

Identify and educate on the concept of Indigenous worldview

Learning Objectives 2.

- Understand the interconnectedness of First Nations communities and their natural environments
- Define universals in North American Indigenous ways of knowing
- Articulate Indigenous worldview concepts

Course Outcome 3.

Connect traditional Indigenous philosophies to the helping profession



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Learning Objectives 3.

- Identify traditional Indigenous ways of knowing
- Relate Indigenous ways of knowing and values of collective culture to the values of the helping profession
- Adopt the concept of culture as healing
- Refute the idea that Indigenous culture and traditional lifestyles are the root of current personal and societal challenges of Indigenous peoples

Course Outcome 4.

Demonstrate an understanding of the effects of colonization on Canadian Indigenous people

Learning Objectives 4.

- Utilize a working terminology of concepts relevant to the historical process of the Canadian Indigenous experience
- Link the effects of the colonization process to current Indigenous-Non-Indigenous relations and Indigenous lifestyles
- Articulate the diverse elements that contribute to Indigenous cultural identity loss, both historical and current
- Explain decolonization and how colonization continues to impact Indigenous people in present day

Course Outcome 5.

Demonstrate an understanding of Indigenous and government relations throughout history

Learning Objectives 5.

- Explain the inherent rights of Indigenous self-determination and self-government
- Link historical and current relations between Indigenous peoples and the government to current challenges affecting identity, economic well-being and social structure
- Understand the Royal Proclamation, treaties, the Indian Act and the fiduciary duty of the government



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	Recognize the significance of Canadian Residential Schools in the personal and collective experience of Indigenous people Differentiate between First Nations (status/non-status), Metis, and Inuit people Discuss trust as an issue in Indigenous-Government relations
Date:	Wednesday, August 30, 2017
	Please refer to the course outline addendum on the Learning Management System for further information.